

ARMY 2040: WORLD-CLASS. MULTI-MISSION READY. CROSS-DOMAIN CAPABLE



**HEADQUARTERS
UNIVERSITY OF THE PHILIPPINES DILIMAN ROTC UNIT**
1302ND CDC, NCRRC DG, RESCOM, PA
Diliman, Quezon City



PROGRAM OF INSTRUCTION
Cadet Officer Candidate Course

A. Academic Phase (72 hours)

Subjects	Scope	Pds	References
Military Character Development Module		14	
AFP Code of Ethics¹	<ul style="list-style-type: none"> ● AFP Code of Ethics ● Philippine Army's Vision & Mission ● Three (3) Army Core Values ● AFP Core Values ● The Profession of Arms and Military Professionalism ● Pledge of Loyalty 	2	<ul style="list-style-type: none"> ● FC 1-012 AFP Code of Ethics
Drill and Ceremonies²	<ul style="list-style-type: none"> ● General Drill Information ● Individual Drill Not Under Arms (Attention, Rests, Facings, Marching) ● Individual Drill Under Arms 	8	AFP Manual on Drill and Ceremonies
Rule of Law³	<ul style="list-style-type: none"> ● Bill of Rights ● International Humanitarian Law ● Writ of Habeas Corpus 	4	<ul style="list-style-type: none"> ● Article III, 1987 Constitution ● IHL: Comprehensive Introduction by ICRC Rule 102, Rules of Court
Military Knowledge Module		15	
AFP Mandate, Mission, Function and Organization⁴	<ul style="list-style-type: none"> ● Constitutional Provision Pertaining to AFP ● Mandate of the AFP and the President as the Commander-in-Chief 	2	<ul style="list-style-type: none"> ● 1987 Constitution ● EO 292, s. 1987

¹ This subject covers the Core Values subject under Mil Sci 1 and some part of the Military Customs and Traditions 2 subject under Mil Sci 2 of the ROTC Progressive POI from ARESCOM (now RCPA).
² This subject covers the Drill and Ceremonies 1 subject under Mil Sci 1 and the Drill and Ceremonies 2 subject under Mil Sci 2 of the ROTC Progressive POI from ARESCOM (now RCPA). It is also part of the prescribed POI for COQC by HNCRRCDG SOP No. 02 dated 17 August 2023.
³ This subject covers the Rule of Law subject under Mil Sci 1 of the ROTC Progressive POI from ARESCOM (now RCPA).
⁴ This subject covers the AFP Mandate, Mission, Function and Organization subject under Mil Sci 1 of the ROTC Progressive POI from ARESCOM (now RCPA).

ARMY 2040: WORLD-CLASS. MULTI-MISSION READY. CROSS-DOMAIN CAPABLE

	<ul style="list-style-type: none"> • The Armed Forces of the Philippines (Functions, Composition, Organization) • AFP General Headquarters • AFP Major Services 		
Introduction to Infantry Operations⁵	<ul style="list-style-type: none"> • Importance and Beginning of the Infantry • The Infantry Echelons (Squad, Platoon, Company, Bn, Bde, Division) • Philippine Army's Doctrine • Principles of War • Elements of Combat Power 	2	PAM 3-01 PA Infantry Operations Manual
IED Awareness⁶	<ul style="list-style-type: none"> • Definition • Types of IEDs • Identification of IEDs • Landmines and Booby Traps 	2	<ul style="list-style-type: none"> • PAM 3-0602 EOD Handbook • IED Lexicon by UNMAS
Military History⁷	<ul style="list-style-type: none"> • Pre-colonial Era • Spanish Era • Commonwealth Era (World War II) • Liberation Era (Korean War, Vietnam War, Huk Rebellion) • Communist Insurgency • Secessionist Movement (MNLF, MILF, & MIFF) • Terrorism (JI, ASG, Bombing & Kidnapping Incidents) • Contemporary Philippine Army Roles • Early Armies (Roman, Crusade Armies, Napoleonic, Sun Tzu, American Civil War, Colonists) • World War I Armies • World War II Armies • Cold War Armies • Contemporary Armies. 	4	<ul style="list-style-type: none"> • ST – Philippine Military History • ST – Military History and Evolution
Hygiene and Sanitation⁸	<ul style="list-style-type: none"> • Definition of Terms • Personal Hygiene • Camp Sanitation • System of Waste Disposal 	2	<ul style="list-style-type: none"> • SP 1-0041 Medical Aidman

⁵ This subject covers the Introduction of Infantry Operations subject under Mil Sci 1 of the ROTC Progressive POI from ARESCOM (now RCPA).

⁶ This subject covers the IED Awareness subject under Mil Sci 1 of the ROTC Progressive POI from ARESCOM (now RCPA).

⁷ This subject covers the Philippine Military History subject under Mil Sci 1, and Military History and Evolution subject under Mil Sci 2 of the ROTC Progressive POI from ARESCOM (now RCPA).

⁸ This subject covers the Hygiene and Sanitation subject under Mil Sci 1 of the ROTC Progressive POI from ARESCOM (now RCPA).

ARMY 2040: WORLD-CLASS. MULTI-MISSION READY. CROSS-DOMAIN CAPABLE

	<ul style="list-style-type: none"> ● Treatment of Water Impurities ● Control Measures against Diseases 		<ul style="list-style-type: none"> ● TC 4-02.3 Field Hygiene and Sanitation
Cyber Security Awareness⁹	<ul style="list-style-type: none"> ● Cyber Security Definition ● Types of Cyber Threats ● Safety Tips against Cyber-attacks ● Ten Steps to Cyber Security ● Cyber Crime in the Philippines 	2	<ul style="list-style-type: none"> ● ST – Cyber Security
Basic Military Correspondence¹⁰	<ul style="list-style-type: none"> ● Definition ● Characteristics ● The Basic Military Correspondence (STL) 	1	AFP Military Correspondence Book 2017 Edition
Military Individual Skills Development Module		29	
Survival Techniques¹¹	<ul style="list-style-type: none"> ● Definitions ● Keyword for Survival ● Common Survival Stressors ● Survival Planning and Survival Kits ● Preparing and Types of Shelter ● Identifying Water Sources, Purification and Filtration Methods ● Fire Craft Methods ● Identification of Food for Survival ● Preparing Traps and Snares ● Tropical Survival (Tropical Weather, Jungle Types, Travel Through Jungle Areas, Water Procurement, Food, Poisonous Plants) ● Field Expedient Direction Finding 	6	<ul style="list-style-type: none"> ● SP 8-034 Survival ● ATP 3-50.21 Survival
Basic Life Support¹²	<ul style="list-style-type: none"> ● Introduction to First Aid ● Goals and Limitations of First Aid ● Responsibilities and Characteristics of First Aid Provider ● Protecting the First Aid Provider's Well Being ● Emergency Scene Management ● Cardiopulmonary Resuscitation ● First Aid for Medical Emergencies ● Fever and Heat Related Injuries ● Head and Neck Problems ● Allergies 	8	<ul style="list-style-type: none"> ● Basic Life Support and Standard First Aid Training (DOH-HEMS CALABARZON IV-A) ● First Aid Reference Guide by St. John Ambulance

⁹ This subject covers the Cybersecurity Awareness subject under Mil Sci 1 of the ROTC Progressive POI from ARESKOM (now RCPA).

¹⁰ This subject covers the Basic Military Correspondence subject under Mil Sci 2 of the ROTC Progressive POI from ARESKOM (now RCPA).

¹¹ This subject covers the Survival Techniques 1 subject under Mil Sci 1 and the Survival Techniques 2 subject under Mil Sci 2 of the ROTC Progressive POI from ARESKOM (now RCPA).

¹² This subject covers the Basic Life Support 1 subject under Mil Sci 1 and the Basic Life Support 2 subject under Mil Sci 2 of the ROTC Progressive POI from ARESKOM (now RCPA).

ARMY 2040: WORLD-CLASS. MULTI-MISSION READY. CROSS-DOMAIN CAPABLE

	<ul style="list-style-type: none"> • Animal Bites and Stings • Poisoning 		
Combat Training for Individual Soldier 1¹³	<ul style="list-style-type: none"> • Camouflaging, Cover, Concealment • Water Proofing • Noise, Light and Litter Discipline • Fighting Positions • Movement Techniques 	3	<ul style="list-style-type: none"> • SP 8-031 Combat Skills of a Soldier • TC 3-21.75 Warrior Ethos and Soldier Combat Skills
Map Reading 1¹⁴	<ul style="list-style-type: none"> • Definitions • Purpose, Security, and Protection of Maps • Categories • Military Map Substitutes • Marginal Information • Scale and Distance (Graphic Bar Scale and Pace Counting) • Methods of Expressing Direction • Azimuths • Grid Azimuths • The Lensatic Compass • Compass Handling • Orienting the Map using Compass Method • Practical Navigation 	6	<ul style="list-style-type: none"> • SP 8-032 Map Reading and Land Navigation • FM 3-25.26 Map Reading and Land Navigation
Rope Techniques 1¹⁵	<ul style="list-style-type: none"> • Knot tying and practical usage (Common Types of Knots = Square Knot, Half Knot, Eight Knot, Bow Line) • Rappelling (Sit Hip, Rundown, Lizard, Slide for Life) 	4	TC 3-97.61 Military Mountaineering
Signal Communication 1¹⁶	<ul style="list-style-type: none"> • Intro to Signal Communication and Definitions • Phonetic alphabets and numerals • Different Means of Communication • Usage of Morse Codes 	2	Basic Signal Hand Book
Military Collective Skills Development Module		8	

¹³ This subject covers the Combat Training of Individual Soldiers 1 subject under Mil Sci 2 of the ROTC Progressive POI from ARESKOM (now RCPA).

¹⁴ This subject covers the Map Reading 1 subject under Mil Sci 2 of the ROTC Progressive POI from ARESKOM (now RCPA).

¹⁵ This subject covers the Rope Techniques 1 subject under Mil Sci 2 of the ROTC Progressive POI from ARESKOM (now RCPA).

¹⁶ This subject covers the Signal Communication 1 subject under Mil Sci 2 of the ROTC Progressive POI from ARESKOM (now RCPA).

ARMY 2040: WORLD-CLASS. MULTI-MISSION READY. CROSS-DOMAIN CAPABLE

<p>Fundamentals of Infantry Operations 1¹⁷</p>	<ul style="list-style-type: none"> ● Mission, Capabilities and Limitations of Squad ● Different Squad Movement, Formations, and Techniques ● Movement SOPs ● Actions at Danger Areas 	4	<p>PAM 3-0105 Infantry Platoon and Squad Operations</p>
<p>Squad Tactical Operations and Battle Drills Overview¹⁸</p>	<ul style="list-style-type: none"> ● Introduction to Patrolling ● Types of Patrolling (Recon, Combat, Tracking) ● Introduction to Battle Drills (React to Contact, Break Contact, React to Ambush) 	4	<p>PAM 3-0105 Infantry Platoon and Squad Operations</p>
<p align="center">Weapons Proficiency Module</p>		6	
<p>Weapons Training 1¹⁹</p>	<p>The 5.56mm M16A1 Rifle</p> <ul style="list-style-type: none"> ● Rules on Weapons Safety ● General Characteristics ● Troubleshooting and Corrective Action ● Ammunition Types and Characteristics ● Cycles of Operations ● Modes of Fire ● Assembly and Disassembly <p>The 5.56mm M16A1 Rifle Preliminary Marksmanship</p> <ul style="list-style-type: none"> ● Introduction ● The Four Fundamentals of Marksmanship ● Firing positions ● Training Devices and Exercises ● Dry Firing ● Familiarization Firing 	4	<p>SP 8-0332 Marksmanship for M16A1/A2 Rifle</p>
<p>Weapons Training 2²⁰</p>	<p>HAND Grenade</p> <ul style="list-style-type: none"> ● Description ● Nomenclature and Functioning ● Perform safety checks ● Engage targets ● Identification and employment 	2	<ul style="list-style-type: none"> ● SP 4-032 Ammunition General ● TC 3-23.30 Grenades and Pyrotechnic Signals

¹⁷ This subject covers the Fundamentals of Infantry Operations 1 subject under Mil Sci 1 of the ROTC Progressive POI from ARESKOM (now RCPA).

¹⁸ This subject covers the Squad Tactical Operations and Battle Drills Overview subject under Mil Sci 2 of the ROTC Progressive POI from ARESKOM (now RCPA).

¹⁹ This subject covers the Weapons Training 1 subject under Mil Sci 1 of the ROTC Progressive POI from ARESKOM (now RCPA).

²⁰ This subject covers the Weapons Training 2 subject under Mil Sci 1 of the ROTC Progressive POI from ARESKOM (now RCPA).

ARMY 2040: WORLD-CLASS. MULTI-MISSION READY. CROSS-DOMAIN CAPABLE

Physical Fitness Module (off POI)		(9)	
Physical Readiness Training	<ul style="list-style-type: none"> ● Preparation Drill ● Conditioning Drills ● Army Dozen Exercises ● Road Run ● Army Physical Fitness Test 	(9)	FM 7-22 Holistic Health and Fitness
Cadet Officer Development Module (off POI)		(9)	
Indoctrination	<ul style="list-style-type: none"> ● Unity ● Military Secrecy ● Military Leadership ● Cadet Honor Code ● Military Discipline ● Loyalty ● Commitment ● Military Professionalism ● Don't Quit ● COC's Creed ● Loyalty ● If ● Invictus ● Are You Quitting? ● Desiderata 	(9)	

B. Centralized Phase (48 hours)²¹

Subjects	Scope	Pds	References
Cadet Officer Military Skills Module		20	
Opening Program and Course Orientation	<ul style="list-style-type: none"> ● General Provisions ● Attendance ● Grading System ● Merits System ● Conditions of the Service 	2	
Military Customs, Traditions, Discipline, Courtesies, and Core Values²²	<ul style="list-style-type: none"> ● Military Courtesy and Discipline ● Philippine Army Ranks and Insignia ● Salute ● Courtesy When Dealing w/ Officers and Senior NCOs ● Standards of Conduct of a Soldier ● Definitions of Customs and Traditions ● Military Traditions 	4	<ul style="list-style-type: none"> ● SP 1-011 Army Core Philosophy ● PA Kampilan Troopers Handbook ● FC 1-012 AFP Code of Ethics ● AFPRG 131-031 AFP Uniform Code

²¹ This phase shall be centrally conducted and facilitated by the HNCRRCDG, RESCOM, PA.

²² This subject covers the Military Customs and Traditions 1, Standards of Conduct of a Soldier, Core Values subject under Mil Sci 1 and the Military Customs and Traditions 2 subject under Mil Sci 2 of the ROTC Progressive POI from ARESCOM (now RCPA). It is also part of the prescribed POI for COQC by HNCRRCDG SOP No. 02 dated 17 August 2023.

ARMY 2040: WORLD-CLASS. MULTI-MISSION READY. CROSS-DOMAIN CAPABLE

	<ul style="list-style-type: none"> ● Significant Military Customs (Salute, Flag Ceremony/Retreat, Three Volleys Over Grave, White Flag of Truce, Wearing of Decorations, Taking Oath, Courtesy of the Post, Use of the Word “Sir”, Pipe calls) ● Other Courtesies in the AFP (Happy Hour, Military Weddings, Rank Has Its Privileges, Visiting the Sick, Survivor Assistance to the Bereaved Families, Place of Honor) ● Philippine Army Uniform (Official and Authorized Uniforms, Uniform items, Individual Clothing and Equipment, Care and Markings) 		
Cadet Officership²³	<ul style="list-style-type: none"> ● Duties and Responsibilities of a cadet officer ● The University’s core values and its relationship to the COCC ● Expectation from a Cadet Officer ● Cadet Corps Organization ● Cadet Ranks and Classes ● Duties and Responsibilities of a Cadet Officer 	8	
Weapons Training (R4A3 carbine and M1911 pistol)²⁴	<ul style="list-style-type: none"> ● General characteristics ● Trouble shooting and corrective action ● Ammunition types and characteristics ● Cycles of Operations ● Modes of Fire ● Assembly and Disassembly 	4	
Drill and Ceremonies²⁵	<ul style="list-style-type: none"> ● Drill Instruction ● Historical Background of Drill and Ceremonies 	2	AFP Manual on Drill and Ceremonies
Cadet Officer Legal Orientation Module		12	
Anti-Hazing Law²⁶	<ul style="list-style-type: none"> ● Elements of Hazing ● Definition of Terms ● Prohibition on Hazing 	4	RA 8049 as amended by RA 11053

²³ This covers the Cadet Officership 1 and the Cadet Officership 2 subjects which are part of the prescribed POI for COQC by HNCRRCDG SOP No. 02 dated 17 August 2023.

²⁴ This subject is part of the prescribed POI for COQC by HNCRRCDG SOP No. 02 dated 17 August 2023.

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ARMY 2040: WORLD-CLASS. MULTI-MISSION READY. CROSS-DOMAIN CAPABLE

	<ul style="list-style-type: none"> • Exceptions to Hazing • Persons Liable and Penalties 		
Magna Carta for Women²⁷	<ul style="list-style-type: none"> • Declaration of Policies • Definition of Terms • Women in the Military 	4	RA 9710
Safe Spaces Act²⁸	<ul style="list-style-type: none"> • Objectives • Coverage • Gender-based Streets and Public Spaces Sexual Harassment • Gender-Based Online Sexual Harassment • Gender-Based Sexual Harassment in Workplaces • Gender-Based Sexual Harassment in Educational and Training Institutions 	4	RA 11313
Cadet Officer Leadership Module		16	
Followership²⁹	<ul style="list-style-type: none"> • The Role of Followers • Qualities of Followers • Cultivating Effective Followers • The Ten Good Rules of Followership • Followers Make Good Leaders 	4	ST-002 Followership
The Army Leadership³⁰	<ul style="list-style-type: none"> • Be-know-do • Leader-Follower Relationship • Leadership Principles • Army Leadership Roles 	6	FC 8-071 Leadership in the Army
Coaching, Mentoring, and Counselling³¹	<ul style="list-style-type: none"> • Definition • Types, Characteristics, Approaches to Counselling • Introduction, Difference between Coaching and Mentoring, Formal and Informal Coaching, Coaching Guidelines • Definition, Purpose, Types, Process and Techniques of Mentoring 	6	FC 8-039 Army NCO Guide

C. On the Job Training Phase (48 hours)

²⁷ This covers the GAD Law subject which is part of the prescribed POI for COQC by HNCRRCDG SOP No. 02 dated 17 August 2023.

²⁸ This subject is part of the prescribed POI for COQC by HNCRRCDG SOP No. 02 dated 17 August 2023.

²⁹ This subject covers the Followership 1 subject under Mil Sci 1 and the Followership 2 subject under Mil Sci 2 of the ROTC Progressive POI from ARESOM (now RCPA). It is also part of the prescribed POI for COQC by HNCRRCDG SOP No. 02 dated 17 August 2023.

³⁰ This subject is part of the POI prescribed for COQC by HNCRRCDG SOP No. 02 dated 17 August 2023.

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ARMY 2040: WORLD-CLASS. MULTI-MISSION READY. CROSS-DOMAIN CAPABLE

Subjects	Scope	Pds	References
Cadet Officer Skills Development Module		24	
Methods of Instruction	<ul style="list-style-type: none"> ● Stages of Teaching Process ● Principles of Effective Instruction ● Preparation for Instruction ● Presentation of Instruction ● Proper teaching Attitude ● Teaching Demonstration 	24	The AFP Combat Leaders Handbook (Chapter 17)
Cadet Officer Internship Module		24	
Internship³²	<ul style="list-style-type: none"> ● Preparation of attendance and delinquency reports of Basic ROTC cadets ● Preparation of lesson plans, instructional packages, hand-outs, evaluation reports, and other reports ● Preparation of training venue, offices, and logistics ● Other tasks as may be directed 	24	

³² This subject is part of the prescribed activity for COQC by HNCRRCDG SOP No. 02 dated 17 August 2023.